

# Many Voices, One Mind

“q̄xeləc, náćəmat θəł kʷθə šxʷqʷeləwən”

“Lets’emót Á:lxemsóxw”



**Activity Type:** Craft

**Title:** Rock Your Moccasins

**Description:** This activity introduces children to the traditional Indigenous practice of wearing and decorating moccasins while incorporating the dot painting technique using Q-tips. Children will create a small painting of a moccasin, using Q-tips to apply colorful dots, reinforcing fine motor skills and creative expression.

**Material Needed:**

- Template of Moccasin outline (printed or drawn on cardstock)
- Acrylic or tempera paint in various colors
- Q-tips
- Small paint trays
- Paper towels or cloth for clean up
- Optional: Print images of traditional moccasins from different Indigenous nations.

**How-To:** Show how to dip the Q-tip into the paint and make dots on the paper. Let them explore dotting all over or creating patterns.

**Variations:** Let the children choose their colors and dot freely. Some may make lines; some may mix colors – it’s all about exploring!

**Cultural Teaching:** Moccasins are a significant part of many Indigenous cultures across Turtle Island. They are traditionally handmade from hide or leather and often decorated with beadwork or painted designs that represent family, community, and personal identity. Rock Your Mocks (November 15<sup>th</sup>) is a movement that encourages Indigenous people to wear their moccasins with pride, honoring their ancestors and cultural heritage.

**Applicable Visuals / Templates for Activity:**





**Additional Resources to Compliment Activity:** Book by Laurel Goodluck and Madelyn Goodluck

