



“There’s a Feather In My Hand” (Circle Activity for Preschool Age)

Based on an older children’s song “There’s A Penny In My Hand”

“There’s a Feather In My Hand” is a good way to introduce a Feather Teaching to a Preschool Circle. It teaches the Importance of the Eagle Feather, Respect for the Eagle Feather, the Honour of Receiving the Eagle Feather, and Protocol of Listening to those who have the Eagle Feather. The Activity also instills the importance of introducing ourselves to others.

A wooden Eagle Feather was used when introducing, “There’s a Feather In My Hand,” as little ones often have difficulty in passing a Feather from one person to another without grabbing the Feather (thus they can damage the Eagle Feather Filaments). If this activity is played regularly with the children and you feel confident that they understand and will pass the Feather with Care, then you can introduce a real Eagle Feather.

How To Play

- Have the children and Early Years Staff seated in a circle (Circle Time).
- Present the Eagle Feather to the children with a brief teaching - not too long/wordy or you will lose your audience (use a real Eagle Feather for the teaching but utilize a wooden/fabric feather to pass around the circle).
- Pass the Feather around the Circle from child to child (don’t forget to pass to the staff also).
- While passing the Feather, everyone sings “There’s a Feather In My Hand, It Will Travel Thru The Land, Is It Here? Is It There? It Will Travel Everywhere.”
- As the Song is being sung, the Feather passes from person to person around the Circle.
- When the song ends at...”It Will Travel Everywhere” The person with the Feather can introduce themselves to the group by saying their name.
- Once they introduce themselves, the Feather continues around the Circle to the Song “There’s A Feather In My Hand.”
- Continue passing the Feather and singing until everyone has had a chance to introduce themselves.
- Often the individual leading the Circle and Song can travel with the Feather around the Circle to ensure all the children receive the Feather and that no child must repeat their name.
- If a child is shy or does not want to say their name then they can just pass the Feather to the next person, or an adult can say their name for them.
- Also, you can have the children and staff not just say their name but also share with the Circle their favorite Animal or Colour. This allows them to share a little more about themselves and may make it more comfortable to say their name if they can share something else about themselves.

Have Fun

**“There’s a Feather In My Hand,
It Will Travel Thru the Land,
Is It Here? Is it There?
It Will Travel Everywhere”**